



Dr. Arturo Menchaca

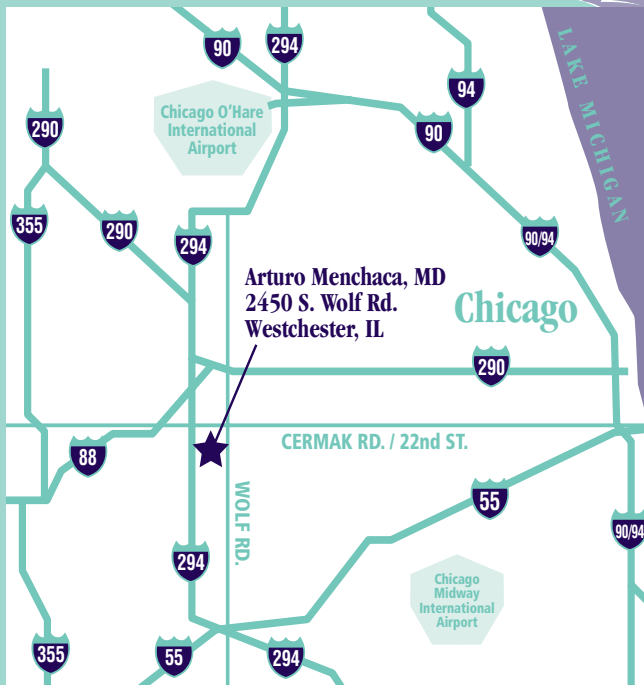
is a board certified urogynecologist with an emphasis in pelvic floor medicine and reconstruction, laparoscopy, and the treatment of complex voiding problems.

In 1988, when he started practicing, Dr. Menchaca was only the second doctor with a fellowship in this subspecialty in the Chicagoland area. In 1987, he was named Outstanding Resident in Gynecologic Endoscopy by the American Association of Gynecologic Laparoscopists.

Dr. Menchaca holds a bachelor's and medical degree from the University of Illinois at Chicago; internship at University of Iowa; residency at Mt. Sinai Medical Center in Chicago; and fellowship at St. Mary's Medical Center in Centralia, Illinois. He teaches surgery in the operating room to practicing gynecologists, urogynecologists and urologists. He has taught or teaches for the following companies: I Flow, Gyrus, AMS, Caldera, Mentor, Boston Scientific, Bard, Gynecare and Mpathy.

Memberships

- American College of Obstetrics and Gynecology
- American College of Surgeons
- American Urogynecologic Society
- American Association of Cosmetic Surgery
- American Academy of Cosmetic Gynecologists
- International Society of Cosmetogynecology
- American Society of Laser Medicine and Surgery
- American Association of Gynecologic Laparoscopists
- North American Society of Phlebology
- Affiliated with Adventist Hinsdale and Adventist La Grange Memorial Hospitals



Arturo Menchaca, MD

**2450 South Wolf Road, Suite I
Westchester, Illinois 60154**

Office Hours:

**Mon – Tue – Thu – Fri
9 a.m. - 5 p.m.
Sat – 9 a.m. - noon**

For an appointment, please call:

708-492-0650

Fax: 708-492-0647

www.drmenchaca.com

www.atmenchaca.yourmd.com

Arturo Menchaca, MD, FACOG, FACS

Laparoscopic
Urogynecologic
and
Cosmetic
Laser Surgical
Center

Center for
Minimally
Invasive
Gynecology

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Our Mission

The Center for Minimally Invasive Gynecology is dedicated to improving quality of life by providing office-based, minimally invasive solutions to the unique health issues of women. In the past, treatment for these conditions required major surgery, general anesthesia and recovery time. Many new procedure options can be safely performed in the clinic setting or in a surgical center as a day surgery, eliminating the cost, inconvenience and recovery time typically associated with the hospital and major surgery. Dr. Menchaca is a board-certified gynecologist specializing in providing state-of-the-art treatment options for the most common female health concerns, including those listed here.

Our Menu of Services

- General Gynecology: Endometriosis, pelvic pain, fibroids, pelvic masses, cysts, abnormal bleeding
- Urogynecology
- Pediatric and Adolescent Gynecology
- Contraceptive
- Infertility Surgery, including Tubal Reanastomosis (tubal ligation reversal)
- Cosmetic Gynecologic Procedures
- Tickle Lipo® and Laser Liposuction
- Abdominoplasty (Tummy Tuck)

Heavy Periods (Endometrial Ablation)

Heavy, prolonged periods affect quality of life, attendance at work, social events and sexual relationships. Previously, hysterectomy was a common treatment option for this condition. However, over the years, many other treatment options have evolved that do not require major surgery. The Center for Minimally Invasive Gynecology offers clinic-based diagnosis and treatment options for heavy periods that do not require hospitalization or prolonged recovery.

Urinary Incontinence

Urinary incontinence is the unintentional loss of urine that is sufficient enough in frequency and amount to cause physical and/or emotional distress. Women are affected by the disorder more frequently than are men. One in 10 women under age 65 suffers from urinary incontinence.

Hysteroscopic Sterilization (Essure®)

Unlike tubal ligation or vasectomy, hysteroscopic sterilization does not require incisions, hospital time or general anesthesia. It is highly effective, with only local anesthesia required, and can be performed quickly in the clinic setting. Hysteroscopic sterilization has a quick recovery with most women returning to their normal activities in 24 hours.

Pelvic Pain & Endometriosis

Fibroids

A fibroid is a non-cancerous growth that develops in the uterus. Many fibroids don't require treatment, but some cause very heavy and often incapacitating bleeding with associated pelvic pain and pressure on the bladder or rectum.

When fibroids cause symptoms, treatment options may include surgical options comprised of hysterectomy, the surgical removal of the entire uterus, or myomectomy, which is the removal of each individual fibroid. Each of these procedures may now be done as a day surgery instead of a prolonged stay in the hospital.

If a hysterectomy is required, it most often may be done through tiny incisions in the abdomen, allowing the patient to go home the same day and return to her activities much more quickly than traditional "open" hysterectomy. This procedure is called a laparoscopic hysterectomy.

Laparoscopic Techniques

- For the most difficult laparoscopic cases, daVinci Robotic surgery is used.
- Single Incision Laparoscopic Surgery (SILS) is used for the best cosmetic results.
- 3 mm microsurgical laparoscopic surgery.

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